



O2- Critical reading and academic writing

	Lesson Plan
Topic	O2 MODULE1- NATURE OF SCIENTIFIC ENQUIERY
Title	Introduction to philosophy of science: paradigms and the
	nature of truth
Learning	Describe and discuss critically their own world view that drives
Outcome	their approach towards a specific research philosophy.
Summary	The palliative care team comprises members with different
	backgrounds- doctors, nurses, psychologists, social workers,
	priests and so on. They share the same work objective improving
	the quality of life for the patients and families confronted with life
	limiting illnesses and addressing the multiple needs of such
	patients in the physical, emotional, social and spiritual domain
	When it comes to knowledge and interventions to be applied, they
	might be a more heterogenous group with diverse perspectives
	and understanding of what is the nature of reality, what
	constitutes acceptable knowledge and what are the best ways we
	go about knowing it. Even if not involved in research in their
	endeavor to keep UpToDate in their clinical practice they will all
	read/consume research and according to the research paradigm
	they adhere to for different team members different research
	approaches, different data will be seen as valid and convincing. It
	is important for the palliative care clinicians to be aware of the
	variety of research paradigms and understand that
	multidimensionality of the human being nature cannot be
	examined through a single set of lenses. The session will clarify
	concepts as ontology, epistemology, axiology, methods for theory
	generation or testing and will explain major research paradigms
	and their links to various research methodologies. Palliative care
	clinicians will be encouraged to asses and discuss their own
	research philosophy and reflect on how this drives their learning
	and their own clinical practice. Understanding that palliative care
	as a novel concept embracing the holist dimensions of the human
	being.





Learning	Cognition:
Objectives	1. Define Key concepts for research philosophy – ontology,
C- Cognition	epistemology, axiology, deductive approach, inductive
S - Skills	approach, abduction
A -	2. Explain Major Philosophical Identities in research (research
Attitudes	paradigms)- positivism, interpretivism, critical realism,
	pragmatism
	3. Understand the impact of the research paradigm on research
	methodology, data collection methods
	Skills:
	1. Self-assess own research philosophy
	Attitudes:
	Recognize and address the challenges/misconceptions about
	various research paradigms
Learning	Pre-modular assignment: HARP questionnaire
Methods	Icebreaker
	Brainstorming
	Individual / group exercises
	Videos- discussions
	Lecture
Timing	90 minutes session
Bibliography	https://www.researchgate.net/publication/309102603 Underst
/ Resources	anding research philosophies and approaches
	https://spcare.bmj.com/content/4/2/122
	https://journals.sagepub.com/doi/abs/10.1191/026921698670
	608019?journalCode=pmja





	Lesson Plan	
Topic	O2 MODULE1- NATURE OF SCIENTIFIC ENQUIERY	
Title	Science Literacy	
Learning	Defining the different aspects of Science Literacy, how it is	
Outcome	developed and measured	
Summary	Science is a way of knowing about the world. Science is a	
	naturalistic material exploratory system used to account for	
	natural phenomena that ideally must be objectively and	
	empirically testable. Science literacy requires the ability to find,	
	integrate and interpret information, as well as the time and ability	
	for reflection and evaluation.	
Learning	Cognitive	
Objectives	1.Describes science literacy definitions and history	
C- Cognition	2.Defines the different aspects of science literacy	
S – Skills	3.Understands the interrelation of science and humanities and	
A – Attitudes	how they shape peoples' engagement with science	
	4.Describes similarities and differences of individual and civic	
	science literacy	
	Skills	
	1.Demonstrates inquisitiveness and observation qualities as well	
	as inventive thinking	
	2.Shows critical thinking, adaptability and can handle uncertainty	
	3.Is able to prepare logical arguments and critique qualities when	
	appraising scientific theories and results	
	Attitudes	
	1. Recognizes how personal beliefs affect scientific interpretation	
	and practice	
	2.Recognizes how individual science literacy can be augmented or	
	mitigated by civic literacy	
Learning	90 min session	
Methods	Lecture (Power point)	
	Puzzle game	





	Classroom voting
	Self-Assessment
Timing	90 min session
Bibliography	Science Literacy: Concepts, Contexts, and Consequences (2016)
/ Resources	http://nap.edu/23595
	Lemke C. Metiri Group. 2002
	https://www.researchgate.net/publication/234731444_enGauge_
	21st Century Skills Digital Literacies for a Digital Age
	Howell EL & Brossard D, (Mis)informed about what? What it
	means to be a science-literate citizen in a digital world
	PNAS 2021 Vol. 118 No. 15,
	https://doi.org/10.1073/pnas.1912436117
	https://www.curriculumonline.ie/Assessment Guidelines
	Science.pdf
	https://www.europarl.europa.eu/thinktank/en/document
	/IPOL STU(2019)629188





Lesson Plan	
Topic	O2 MODULE 2 CRITICAL READING & CRITICAL THINKING
Title	How to perform a literature search
Learning	At the end of the course clinicians will be capable to find the
Outcome	relevant information by searching in a database.
Summary	Palliative care clinicians need certified medical information to improve patient care. Literature search helps clinicians to improve their knowledge and can be the bridge to the research side in professional development. A search in a database allows them to get answers to medical questions and update new medical opinions/ according to evidence-based medicine. A systematized search in a database allows clinicians to obtain information in the shortest time and perform an efficient search. This session it Will presented what is the path of making an effective search following some search steps and to develop effective strategies using standard search techniques and database refine options. Understanding the literature search cycle helps clinicians to
	improve their scientific knowledge.
Learning	Cognitive
Objectives	Will understand the importance of literature search and will
C- Cognition	understand the literature search cycle
S – Skills	Skills
A – Attitudes	Will be able to access appropriate databases, will be able to identify appropriate search terms for their topic or research question and will be able to develop search terms into an effective strategy using standard search techniques and database refine options
Learning	power point presentation,
Methods	demonstration,videoindividual work
Timing	ppt – 30 min, 30 min - demonstration, 10 min - summarizing and 20 min - individual work





Bibliography	Aakash Pandita., et al. "How to do a Literature Search?". EC
/ Resources	Paediatrics 7.9 (2018): 862-866.
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	Based Spine Care J. 2010;1(1):9-14. doi:10.1055/s-0028-
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	evaluate research in education (6th ed.). New York, NY: McGraw-
	Hill
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	o%20a%20literature%20search.pdf
	https://www.open.ac.uk/library/help-and-support/how-do-i-do-a-
	literature-search
	https://web.library.uq.edu.au/research-tools-techniques/search-
	techniques/where-and-how-search/searching-databases

	Lesson plan
Topic	O2- NATURE OF SCIENTIFIC ENQUIERY
Title	Introducing palliative care clinicians to critical reading and
	academic writing
Learning	To develop critical thinking and critical evaluation of scientific
Outcome	literature.
Summary	Scientific literature can contribute to the improvement of palliative
	practice and the development of evidence-based public policies in
	healthcare. However, the results shown in the scientific literature
	may sometimes not be rigorous. In addition, research related to
	Palliative Care has special characteristics due to the study
	population and the context in which it is developed. For all of the
	above, it is necessary to train palliative care professionals on how
	to develop a critical reading and evaluation of the scientific
	literature.
	The session will help health professionals to b) develop the vision
	and critical evaluation of the scientific literature and b) identify the
	important aspects that must be considered in the population and
	context of Palliative Care.





	A practical session will be held where, through two published
	scientific articles, the participants together with the expert will
	analyze and develop critical reading and evaluation skills. In the
	first place, a joint analysis of an appropriate published article will
	be made. Subsequently, the attendees will be divided into groups
	of four people, so that they carry out the critical analysis of a second
	article that shows deficiencies. This analysis of the articles within
	the field of Palliative Care will also help to identify those specific
	characteristics of this population. This methodology will help
	participants understand and develop tools for critical reading of
	articles.
Learning	Cognition:
Objectives	1. Define how to develop a critical reading of the scientific
C-	literature.
Cognition S	2. Explain which aspects should be considered when reading
- Skills	critically the scientific literature.
A – Attitudes	3. Understand how important is to critically read a scientific
	literature in order to improve palliative practice.
	Skills:
	1. To develop self-abilities to conduct a critical reading and
	evaluation of literature.
	Attitudes:
	1. Know how to carry out a critical reading and evaluation of the
	literature in the context of palliative care.
Learning	Lecture
Methods	Group exercises
	Group discussions
Timing	90 minutes session
Bibliography /	Marinangeli F, Ciccozzi A, Leonardis M, Aloisio L, Mazzei A, Paladini
Resources	A, et al. Use of strong opioids in advanced cancer pain: a randomized
	trial. J Pain Symptom Manage. United States; 2004 May;27(5):409-
	16.
	Temel JS, Greer JA, Muzikansky A, Gallagher ER, Admane S, Jackson
	VA, et al. Early palliative care for patients with metastatic non-small-





cell lung cancer. N Engl J Med. United States; 2010 Aug;363(8):733-42.

	Lesson Plan
Topic	O2 MODULE 2 CRITICAL READING & CRITICAL THINKING
Title	Understanding the quality of the research
Learning	To recognize reliable scientific publications and make appropriate
Outcome	decisions for patients care based on scientific evidences.
Summary	Palliative care clinicians need certified medical information to
	improve patient care. Scientific literature helps clinicians to
	improve their knowledge and can be the bridge to the research
	side in professional development. The quality of the articles needs
	to be considered by conducting a rigorously quality assessment.
	Related to quantitative studies, the palliative care clinician
	assesses the methodological procedures, how bias and errors have
	being avoided. Regarding the qualitative studies, research process
	and the depth of its analysis need to be appraised.
Learning	1. To describe the influence of methodology on quality
Objectives	assessment of an article (C)
C- Cognition	2. To present available tools to guide quality assessment (C)
S – Skills	3. To name criteria use to appraise the quality of the journal (C)
A – Attitudes	4. To make a quality assessment of an article (S)
Learning	Lecture
Methods	Group exercises
	Group discussion
Timing	Lecture – 30 min, 30 min – group exercises, 30 min – group
	discussion
Bibliography	Critical Appraisal Skills Programme (2019). CASP [online]
/ Resources	Available at: https://casp-uk.net/casp-tools-
	checklists/ Accessed: 19/04/2022.
	Moher, D., Shamseer, L., Clarke, M. et al. Preferred reporting
	items for systematic review and meta-analysis protocols
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Young JM, Solomon MJ. How to critically appraise an article. Nat Clin Pract Gastroenterol Hepatol. 2009 Feb;6(2):82-91. doi: 10.1038/ncpgasthep1331.

Introduction to critical appraisal.

2007;370(9596):1453-1457.

https://www.youtube.com/watch?v=iZg 3AjFJH0&ab channel=S cHARRLibrary

Critical appraisal and types of designs.

https://www.youtube.com/watch?v=H8Y-

yfi3vp4&ab_channel=CochraneCommonMentalDisorders





	Lesson Plan
Topic	O2 MODULE 3- PRESENTING RESEARCH RESULTS
Title	How to write scientific papers for publication
Learning	Describe the process of writing a research manuscript for
Outcome	publication in journals
	Understands the use of different international standards for the
	drafting of bibliographic references
	Awareness of how to deal with reviewers' comments
Summary	The session will explain the processes of transforming research
	findings into potentially publishable manuscripts for submission
	to academic and professional journals. It will cover the
	requirements of different international referencing systems and
	the importance of acknowledging the sources drawn upon in
	writing a manuscript. The selection of appropriate journals, the
	submission procedures and the handling of editors and reviewer's
	feedback in revisions to the manuscript will be considered. In
	addition, how to deal with rejection of papers will be discussed.
Learning	Cognition:
Objectives	1. Explains the rationale for selection of appropriate journals
C- Cognition	2. Awareness of the concept of plagiarism and of requirements
S – Skills	for citations of others' work
A – Attitudes	3. Understands how to cite original sources, using different
	referencing systems
	4. Understand the process of writing that includes critical
	reflection, editing of content, editing of language, proof
	reading and responding to feedback
	5. Can describe the structure of a scientific paper
	Skills:
	1. Academic writing
	Attitudes:
	1. Recognize the challenges of writing within a team
	2. Recognizes that writing is an iterative process.





Learning	Individual / group exercises
Methods	Discussions
	Lecture
Timing	90 minutes session
Bibliography	Catherine Walshe 2018 Clear, Simple, Precise, Meaningful: A
/ Resources	Quick Guide to Writing for Publication - Indian Journal of
	Palliative Care (jpalliativecare.com)

	Lesson Plan
Topic	O2 MODULE 3- PRESENTING RESEARCH RESULTS
Title	How to prepare a conference poster
Learning	To achieve necessary knowledge and skills to produce a poster
Outcome	that reflects accurately the results of the research.
Summary	This session will enable participants to transfer their research
	results into a poster presentation. This will be achieved by
	reflection on the characteristics of an ideal poster, discussions on
	how to present key messages through a poster and aspects to
	consider when designing a poster; presentation of templets for
	posters and groupwork that will provide the opportunity to
	design own poster
Learning	Cognitive
Objectives	1.Present the characteristics of an ideal poster
C- Cognition	2.Explain how to present key messages for a poster
S – Skills	3. Describe steps necessary to design a poster
A – Attitudes	Skills
	1.Design a poster on a given abstract /research
Learning	Lecture
Methods	Group exercises
	Group discussions
Timing	120 min session





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DISCLAIMER

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