

“Galilee” Palliative Care Centre



Annual Report 2020



Our Hospice (Inpatient Unit) at Spata, Attika

The quality of our services is reflected on the satisfaction of the patients and their families/carers

“When I come to the Day Care Centre,
I feel courageous and full of strength.
They take good care of me.
I can forget everything when I am here, I can learn new things and I can speak about my problems.
In “Galilee” there are always people willing to listen.”

Mrs Maria

“My mother died with dignity with the support of your Centre.



“Thank you for your kindness and the excellent care you provided to our sister !”

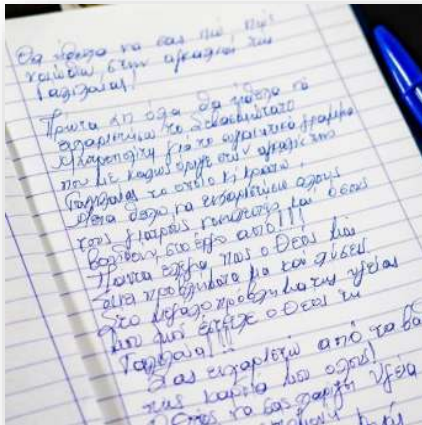
Eleni, Home Care



“The Inpatient Unit is superb and so are the people serving there. You make us feel at home. We have experienced a lot of love from all of you”

Elisabeth

A quality indicator for 2020



Despite the difficult circumstances due to the pandemic

67 families urged their friends and acquaintances to donate to “Galilee” at the funeral services of their beloved ones.

Some of the deceased were patients of our Centre while others were just familiar with our work.

Certifications

TÜV HELLAS

Certification of the Quality Management System in June 2020 without nonconformities.

BAKERTILLY

“Galilee’s” annual financial audit is done by and with the sponsorship of BAKERTILLY, in the context of our commitment to quality and transparency



Services- Clinical work

Covid-19: safety is our priority

Despite the pandemic:

Within 2020

328

Number of patients we provided care and support

5.370

Number of visits made by our health care professionals

Services- Clinical work

Covid-19: safety is our priority

1. Hospice (Inpatient Unit)

104

patient admissions

Visitors were only allowed for patients at the end of life.



2. Home care service

20%

of patients preferred to be exempted from home care during the spring lock down period, while this was less pronounced in the relevant autumn lock down period.

Services- Clinical work

Covid-19: safety is our priority

3. Day Care Center

- Suspension of the Day Care Centre activities due to the pandemic ministerial instructions.
- Our volunteers were frequently communicating with patients via telephone or were paying them home visits, undertaking the necessary precautions.

*We want to stand by
you in case of
bereavement*



4. Bereavement Support

Our bereavement service continued to operated for our patients' families/carers but with less live sessions due to the pandemic restrictions.

Services- Clinical work

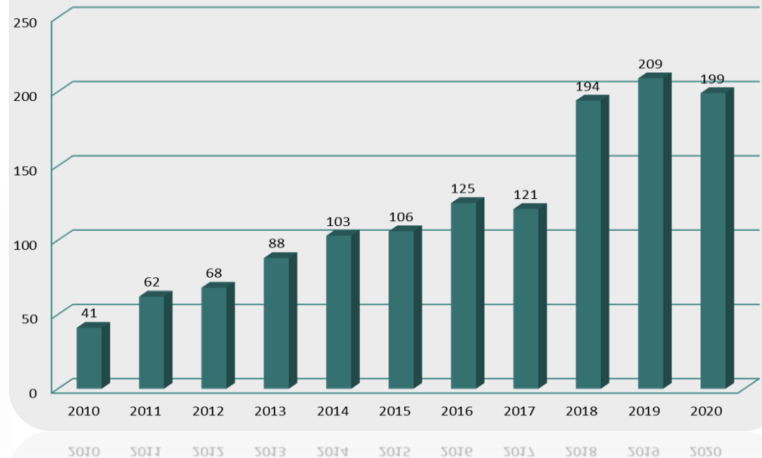
Covid-19: safety is our priority

Within 2020: regardless of the pandemic the reduction of new admissions to all services, in relation to 2019 was in the order of

5%



Admissions per year



Place of end of life care

*A quality indicator
of our services...*

2020

2 out of 3 patients passed away in their homes or in our Hospice (Inpatient Unit) supported by “Galilee’s” Interdisciplinary Team.



2020 +

Volunteers and Friends

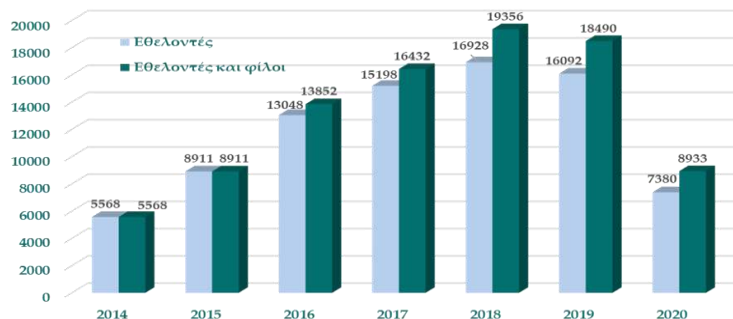
8.933

hours of volunteering

equal to 4,2 full time employees.



Hours of volunteering per year



Our volunteers' commitment ensured the smooth operation of "Galilee".

2020: Reduction of hours by 52% as the pandemic restrictions hindered some activities altogether.

Volunteers and Friends

Volunteers' training

A **19** member new group of volunteers started an online training program on basic principles of Palliative Care and on Volunteering.

+ October 2020



Training in Bereavement Support

+ January- June 2020

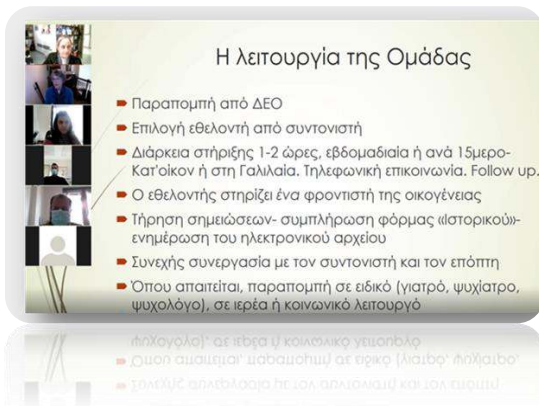
9 volunteers were trained
on bereavement online

Education

«Galilee» as an instructor

In-Service Training

The Department of Research and Education organized **10 training sessions** aiming at the constant improvement of the services provided to patients and their carers.



Η λειτουργία της Ομάδας

- Παραπομπή από ΔΕΟ
- Επιλογή εθελοντή από συντονιστή
- Διάρκεια στήριξης 1-2 ώρες, εβδομαδιαία ή ανά 15μερο-Κατ'οίκον ή στη Γαλιλαία. Τηλεφωνική επικοινωνία. Follow up.
- Ο εθελοντής στηρίζει ένα φροντιστή της οικογένειας
- Τήρηση σημειώσεων- συμπλήρωση φόρμας «Ιστορικού»- ενημέρωση του ηλεκτρονικού αρχείου
- Συνεχής συνεργασία με τον συντονιστή και τον επόπτη
- Όπου απαιτείται, παραπομπή σε ειδικό (γιατρό, ψυχίατρο, ψυχολόγο), σε ιερέα ή κοινωνικό λειτουργό

«Basic Principles in Palliative Care» Seminar

21 health care professionals participated in a

40 hour online seminar with the use of modern technology.

«Galilee's» staff also participated in **Conferences & Seminars** both as presenters and as participants.

Education

«Galilee» as an instructor

Internships

17 postgraduate and 1 undergraduate students, for a total of 186 days of internship, were accepted for clinical training in collaboration with the **“Development and Improvement of Nursing Care Delivery Systems Laboratory”** of the National and Kapodistrian University of Athens.

Students’ visits to «Galilee»

- 523 students from 9 different schools visited our premises and learned about Palliative Care and our activities
- This educational activity was suspended in March due to the pandemic restrictions
- An online presentation of our activities and a virtual tour of the premises were prepared during 2020 in replacement of the visits on site.



From June 2020:

Integration of the Greek I-POS tool in clinical practice
Integrated Palliative Care Outcome Scale (I-POS)



Aims:

- the assessment and holistic management of the main problems and needs of patients with advanced disease and their caregivers.
- the evaluation of the quality of the provided Palliative Care services and its optimization.

Participation in the European program: “Research for Palliative Care Clinicians” (RESPACC)

which is carried out within the framework of Erasmus+ Program, Key Action 2 Strategic Partnerships-VET.

Palliative Care Research



attitude - communication - competence

attitude - communication - competence

Global Palliative Care Database



Participation, as a member of IAHPC, in the international project “Global Palliative Care Database” (GPCD),

which aims to create an international database for Palliative Care.

Poster presentation

11th EAPC World Research Congress Online

“Comparison of patients’ receiving palliative home care and their caregivers’ perceptions on palliative care problems and needs. A Greek pilot study”

Iro Raimondou- Prof. Elisavet Patiraki 7-9 /10/2020



Comparison of Patients' receiving Palliative Home Care and their Caregivers' Perceptions on Palliative Care Problems and Needs.

A Greek pilot study

Raimondou Iro,^{1,2} Katsaragakis Stylianos,² Giannakopoulou Margarita,² Patiraki Elisabeth^{1,2}

¹Palliative Care Unit GALILEE, Spata, Greece. ²National and Kapodistrian University of Athens, Nursing, Athens, Greece.

Background: Caregivers are an important component of palliative care in home setting. Their perceptions on patients' problems and needs are crucial in providing optimal palliative care of home. This pilot study aims to compare the perceptions of palliative home care cancer patients and caregivers on palliative care problems and needs for care.

Methods: From July 2010–August 2016, a convenience sample of 30 cancer patients and their caregivers (response rate 54.5%) was recruited to a palliative home care service. Both patients

Methods: During July 2015–August 2016, a convenience sample of 30 cancer patients and their caregivers (response rate 54.5%) was recruited by a palliative home care service. Both patient and caregivers consented to participate. A breast threshold (breast) and Need in Palliative Care short version (NPV-C) was used (Drozdowski et al., 2013, 2017). The palliative care team had defined four 7 domains (breast) in Palliative Care (PC) and Need for Palliative Care (NPV-C). Each domain includes eight signs. Data were collected by: Emily (ling), PhD, Psychiatric Nurse (PN), University (U); and (2015), PhD, Psychiatric Nurse (PN), University (U). Both patients and caregivers completed at the same day the NPV-C in the different times (breast), (PC) and (NPV-C). The statistical analysis was done using SPSS version 20.0.

[illegible][illegible]

At baseline, statistically significant differences were found only on TQ for FI ($p=2.9$, $p=0.01$) and NE ($p=1.9$, $p=0.01$). Furthermore, univariate ANOVA revealed more dysfunctional beliefs for dysfunctional groups and fewer for 'information' than for 'control' groups.

	Reliabil RMC	Converger RMC	χ^2	df	p
July 1983 (8)	0.63/0.7	0.67/0.8	-	-	-
Free for Professional Assistance 3A	0.53/0.58	0.62/0.6	1.38	1	0.27
Free for Professional Assistance 3B	0.53/0.58	0.62/0.6	1.38	1	0.27
Free for Professional Assistance 3C	0.53/0.58	0.62/0.6	1.38	1	0.27
Free for Professional Assistance 3D	0.53/0.58	0.62/0.6	1.38	1	0.27
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Free for Professional Assistance 3FF	0.53/0.58	0.62/0.6	1.38	1	0.27
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Free for Professional Assistance 3FH	0.53/0.58	0.62/0.6	1.38	1	0.27
Free for Professional Assistance 3FI	0.53/0.58	0.62/0.6	1.38	1	0.27
Free for Professional Assistance 3FJ	0.53/0.58	0.62/0.6	1.38	1	0.27
Free for Professional Assistance 3FK	0.53/0.58	0.62/0.6	1.38	1	0.27
Free for Professional Assistance 3FL	0.53/0.58	0.62/0.6	1.38	1	0.27
Free for Professional Assistance 3FM	0.53/0.58	0.62/0.6	1.38	1	0.27
Free for Professional Assistance 3FN	0.53/0.58	0.62/0.6	1.38	1	0.27
Free for Professional Assistance 3FO	0.53/0.58	0.62/0.6	1.38	1	0.27
Free for Professional Assistance 3FP	0.53/0.58	0.62/0.6	1.38	1	0.27
Free for Professional Assistance 3FQ	0.53/0.58	0.62/0.6	1.38	1	0.27
Free for Professional Assistance 3FR	0.53/0.58	0.62/0.6	1.38	1	0.27
Free for Professional Assistance 3FS	0.53/0.58	0.62/0.6	1.38	1	0.27
Free for Professional Assistance 3FT	0.53/0.58	0.62/0.6	1.38	1	0.27
Free for Professional Assistance 3FU	0.53/0.58	0.62/0.6	1.38	1	0.27

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Conclusions

It is encouraging that overall caregivers' perceptions were in agreement with patients'. Further research is needed to better explore the differences between caregivers and patients' perceptions.

Authors have no potential conflict of interest to report.

8. Examine the following cases:



Collaborations and Memberships

- Collaboration with the “**Development and Improvement of Nursing Care Delivery Systems Laboratory**”, Nursing School, National and Kapodistrian University of Athens
- Collaboration with the **1st Neurological Clinic of «Aegineteion»** University Hospital of Athens for the joint care of patients with ALS
- Collaboration with the General Anti-Cancer Hospital of Athens «**Saint Savvas**»
- Collaboration with the **401 General Military Hospital of Athens**
- Member of the Center to Advance Palliative Care (CAPC)
- Member of the International Association for Hospice and Palliative Care (IAHPC)
- Member of the Worldwide Hospice Palliative Care Alliance (WHPCA)



ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ
Εθνικόν και Καποδιστριακόν
Πανεπιστήμιον Αθηνών



Advancing Hospice
& Palliative Care
Worldwide



401 ΓΕΝΙΚΟ ΣΤΡΑΤΙΩΤΙΚΟ
ΝΟΣΟΚΟΜΕΙΟ ΑΘΗΝΩΝ



“To Anagnostiko tis Galilaias”

www.toanagnostikotisgalilaias.gr

In **October 2020** the inauguration of «Galilee’s» artistic website took place, where one can listen to narration of short stories or excerpts from literary texts, discussions as well as songs. Created with the initiative of:

Olia Lazaridou & Amalia Moutousi



- Famous artists, friends of “Galilee” volunteer to recite excerpts from texts, or poems, as well as sing songs.
- The purpose of this effort is to financially support “Galilee’s” activities and to raise public awareness about Palliative Care.

Events

Events are an integral part of “Galilee’s” life

They connect the Center with the Community

They Aim:

- ✓ to raise public awareness
- ✓ to financially support the Center



Due to the pandemic, events organised by or for «Galilee» in 2020 were restricted

Voluntary Blood Donations



Theatrical Nights



New Year's celebration



10th anniversary
celebration dinner



“for Katerina”
running event



ΜΑΡΙΑΕΤΤΑ
ΡΗΓΑ-ΠΕΠΕΛΑΣΗ
Τοπία μνήμης



Εγκαίνια: Τρίτη 14 Ιανουαρίου 19:00 - 22:30

Διάρκεια ως τις 8 Φεβρουαρίου 2020



ΓΚΑΛΕΡΙ ΑΡΤΩ, Νεορότοι Δοίκε 5 • 106 74 Κολωνάκι
τηλ.: 210 7249.333, fax: 210 7249.777 • www.artgalleries.gr • e-mail: info@artgalleries.gr



Our Donors

«Galilee» offers its sincere thanks for the donations within 2020

The **Chandris Antony Rania Foundation** for their generous contribution to “Galilee” initiated by the six-month payroll coverage of two doctors and a nurse.



**The Nordblom
Family Foundation**

The Nordblom Family Foundation for their long term uninterrupted support.

The **Onassis Foundation** for entrusting “Galilee” to make good use of their generous donation and acquire a hybrid motor vehicle, medical equipment and mainly for the installation of an Oxygen Generator for the Inpatient Unit.

**ONASSIS
FOUNDATION**

Mr. **Kypros Tsentas** for including “Galilee” in his commitment to support Palliative Care Services by covering the payroll for a health health professional for a year.

Our Donors

«Galilee» offers its sincere thanks for the donations within 2020



ATHANASIOS & MARINA MARTINOY FOUNDATION

AIGEAS AMKE for covering the salary of a doctor of the Center for one year.

The internationally renowned artist Mr. **Christos Borokos** who kindly offered the copyright of one of his paintings for the financial support of “Galilee”.



The certified accounting firm **BAKERTILLY** which undertook the financial audit of the Center free of charge.

Vassilios Choutopoulos for the donation, used to cover operating expenses.

Our Donors

«Galilee» offers its sincere thanks for the donations within 2020

The **Ministry of Culture & Sports** for its subsidy.



The **Athens International Airport** for covering operating expenses.

The **Greek Parliament** for the donation of a motor vehicle for the **home care** service.



John S. Latsis
Public Benefit Foundation

The **John S. Latsis Public Benefit Foundation** for covering the salary of a Hospice nurse for a year.

Our Donors

«Galilee» offers its sincere thanks for the donations within 2020

The **Lilian Voudouri Foundation** for its donation of a van for the transportation of linen from/to the cleaning service.

ΙΑΡΤΗΡΙΑ ΑΙΜΑΤΟΣ ΒΟΥΔΟΥΡΗ



The «**SYN-ENOSIS**» for offering a scholarship to a professional for the acquisition of a postgraduate diploma in Palliative Care abroad.

The **Hellenic Initiative** for covering part of the salary of a Hospice Assistant Nurse.



The company **HELLENIC PETROLEUM S.A.** for covering operating expenses.

Our Donors

«Galilee» offers its sincere thanks for the donations within 2020



The company **ATLANTA** for covering operating expenses.

The courier company **ACS Pallini** for the free of charge provision of services.



The **STARTline SA** company, exclusive representative of **New Balance** for offering products to be sold in the annual Bazaar.

The Audit and Certification Organisation **KAPA RO HELLAS** for covering operating expenses.



The **Elenis, Theodorou & Vassiliou Bougiouris Foundation** for covering operating expenses.

Our Donors

«Galilee» offers its sincere thanks for the donations within 2020 covering operational expenses

The holding company that specializes in investment, development and real estate management **LAMDA Development A.E.**



The shipping company **HALKIDON SHIPPING CORPORATION.**

The **Denco Dental A.E.B.E.** company



The pharmaceuticals and cosmetics company **ADELCO A.E.**

Our Donors

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PICTET

The Bank **BANQUET PICTET**.

The shipping company **ARROW ASIA SHIPBROKERS**.



LAPIN HOUSE

The children's clothing company **LAPIN HOUSE –PAPAIOANNOU ST. A.B.E.E.**

The clothing company **Toi & moi**

Toi&moi



The **OFC Aviation Fuel Services S.A.** company.

Our Donors

«Galilee» offers its sincere thanks to the Institutions and the Companies that contributed to the operation of the Hospice for 2020

The daily meals of the patients, the cleaning and sterilization of the linen used for the patients and the medical staff are carried out by **401 General Military Hospital of Athens**.



401 ΓΕΝΙΚΟ ΣΤΡΑΤΩΤΙΚΟ
ΝΟΣΟΚΟΜΕΙΟ ΑΘΗΝΩΝ



The ERP system of our Center is offered by **REAL CONSULTING**.

The Electronic Mail Protocol software is offered by the company **ENORISK**.



The medical waste management is offered by the company **Apotefrotiras S.A.**

The company **Avga Blachaki** supplies daily with their products the Hospice.



Department of Fundraising & Communication

The newly established department has undertaken the communication with sponsors and with anyone who wishes to share “Galilee’s” vision.

Moreover, the department is responsible for **raising public awareness** and for **advocacy** of **Palliative Care** in Greece.



I want to support the patients!
I want to support “Galilee’s” activities!

You can become a **volunteer** and serve the patients!



You can become a **sponsor**,
Implementing the vision of
Corporate Social Responsibility!



You can **donate money** to cover the operating costs of the Center and its development projects!



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087/558030-72

IBAN: GR3501100870000008755803072

BIC: ETHNGRAA



ALPHA BANK

28 300 200 200 2174

IBAN: GR5101402830283002002002174

BIC: CRBAGRAAXX



Eurobank

0026.0334.87.0200557977

IBAN: GR40026033400000870200557977

BIC: ERBKGRAA

ΤΡΑΠΕΖΑ ΠΕΙΡΑΙΩΣ



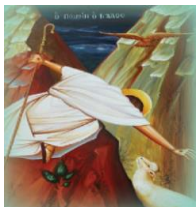
6048149050986

IBAN: 58 0171 0480 0060 4814 9050 986

BIC:PIRBGRAA

You can **donate blood** in the
regular blood donations of «Galilee»!






“I was sick and you visited Me”

For more information



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